Parent support groups in enhancing sustainable CBR services.

A case study of CoRSU CBR programme

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Areas of Focus

- Brief about the PSGs
- Why form PSGs
- Key Activities carried out by PSGs
- Role of CBR workers
- How to sustain CBR through PSGs

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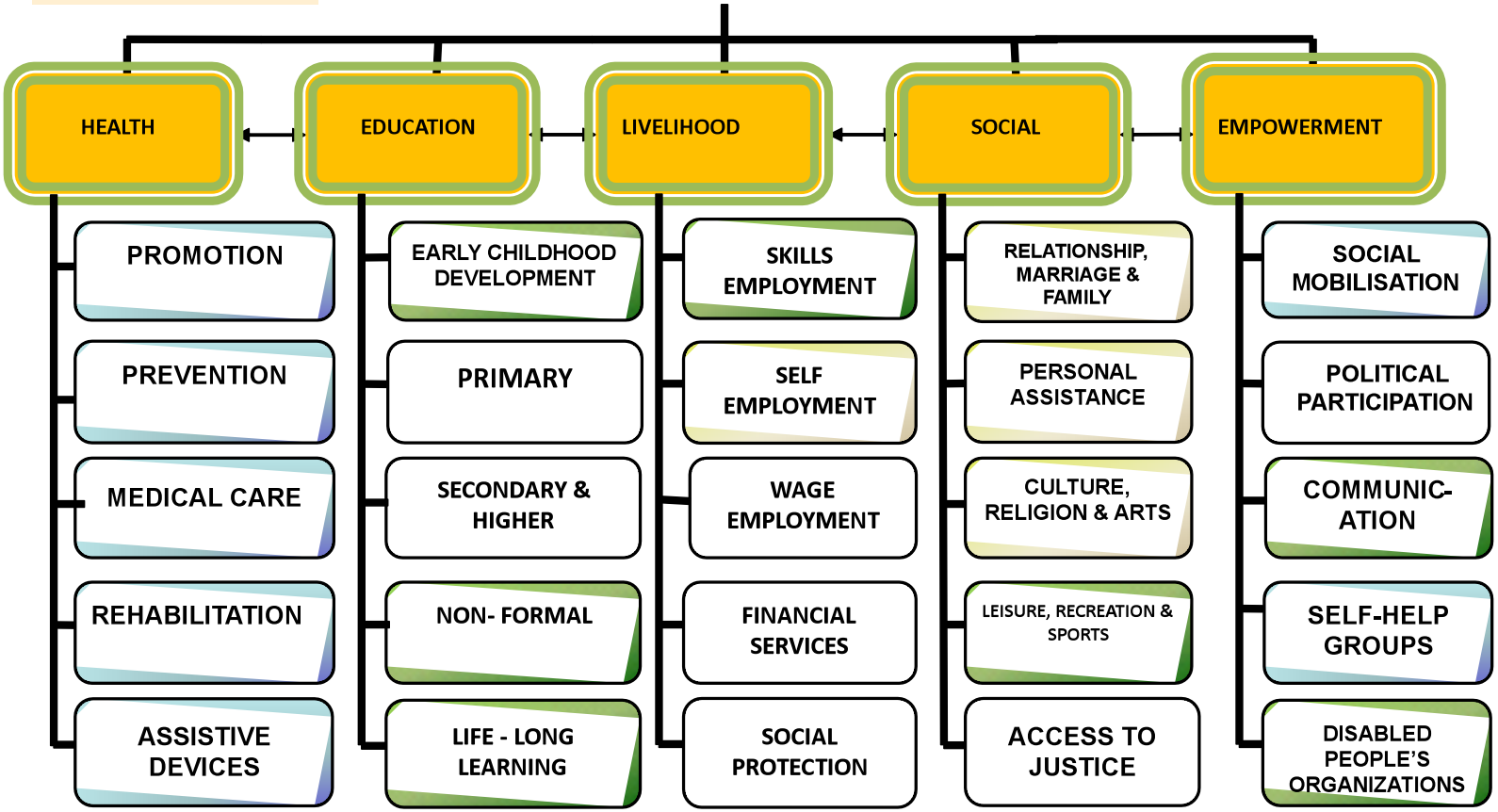
CoRSU CBR Programme Matrix

Priority Key:
- High
- Medium
- Low
- None



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Brief description of Parent support Groups (PSGs)

- Parent support groups in this context refer to formal groups created by parents of children with Disabilities

- Presently CoRSU is working with 8 PSGs in the CBR programme area

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Why formation of PSGs ?

- Promote attitude change among parents of CWDs and surrounding communities
- To advocate for needs of CWDs
- To share experiences and mentor fellow parents
- Mobilize resources both human and material to reduce house hold incomes among families of CWDs
- To ease referral of CWDs

PSG – CP management Training

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Activities carried out by PSGs

Health

- Early identification of CWDs and referral
- Participant in Village health activities
  ie De worming

Education

- Lobby for special education needs teachers at the local level
- Accessibility improvement in schools
- Monitor education of CWDs

Cont…..

Livelihoods

- Identification of income generating projects based on parents' needs.
- Monitoring income projects at house hold level
- Lobby for Disability special grants at sub county and District level for their respective groups

Empowerment

- Mobilization for development initiatives
- Self Advocacy and lobbying
- Networking with Sub county, District structures and other Actors (Linkages)
- Model Parents (Role models)

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Role of CBR Workers

- Offer technical support to the groups especially with record keeping and Management of CWDs
- Skills training in leadership and group management
- Linking PSGs to other service providers ie Disability grants program & National Agriculture Advisory Services (NAADS)
- Follow up of groups to track progress

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CoRSU – CBR Worker follow up

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PSG Strategies for Sustaining CBR services Delivery

- Mobilization for development initiatives
- Group Activity monitoring
- Self Advocacy and lobbying
- Networking with Sub county, District structures and other Actors (Linkages)

Cont…..

- Initiation of individual and Group income projects
- Skills transfer to fellow parents
- Use of Model Parents (Role models) to address social stigma , self petty and mentoring

Conclusion

- Parent support groups when empowered and mentored, they form a strong pillar in sustaining CBR service delivery at household level especially in rural communities